

Farm to CACFP



**SAVE
the Date
for
Farm to
CACFP WEEK**

Oct. 19-23, 2020

Farm to Child and Adult Care Food Program (CACFP) connects participants to Virginia grown agriculture while building their knowledge and interest in healthy foods.



**Food & Nutrition
Education**



**Local Food
Procurement**



Gardening



Participating CACFP organizations can use their meal reimbursement on allowable costs, including gardening supplies, local food, and food education activities.

Benefits

- ✓ Improves meal service
- ✓ Connects participants to their food
- ✓ Encourages healthy eating habits
- ✓ Supports local communities and farms



How to get started and build a sustainable Farm to CACFP program

- Assess where you are and where you'd like to be
- Form a team
- Start small—set one or two achievable goals
- Promote your program—share with parents, through social media, and with VDH

Visit our website for free resources and activity ideas: <https://bit.ly/3fu5uyF>

Not a CACFP participant? To become a participant, visit: [VirginiaCACFP.com](https://www.VirginiaCACFP.com)

Follow us on social media @CACFPvirginia and tag us #VAFarmtoCACFP

